

Start

1. Clap your hands.

2. Stamp your feet.

3. Click (or snap) your fingers.

4. Shrug your shoulders.

5. Nod your head.

6. Shake your head.

7. Count from 10 to 1 backwards.

8. Count from 20 to 10 backwards.

9. Say the ABC from F to A backwards.

10. Walk around the table.

11. Whistle 'Happy Birthday'.

12. Sing 'Happy Birthday'.

13. Dance for 5 seconds.

14. Draw your favourite food on the board.

15. Write your favourite drink on the board.

16. Shake hands with two people.

17. High-five with two friends.

18. Do a double high-five with someone.

19. Touch your toes.

20. Stand up and turn around.

Board Game

Just Do It

21. Point to the smartest student.

22. Look at the ceiling.

32. Jump up and down for 10 seconds.

31. Fold your arms.

30. Cross your legs.

29. Change places with someone.

28. Scratch your head.

27. Pump your fist.

26. Wave your hand.

25. Laugh.

24. Smile.

23. Yawn.

33. Sneeze.

34. Cough.

35. Sing the name of your town.

36. Hum 'My favourite subject is ...'.

47. Blow your nose.

46. Shout your name.

45. Whisper your name.

44. Cluck.

48. Hop around the table.

Finish

43. Quack.

42. Baa (or bleat)

41. Meow.

40. Oink (or grunt).

39. Whinny.

38. Bark.

37. Moo.